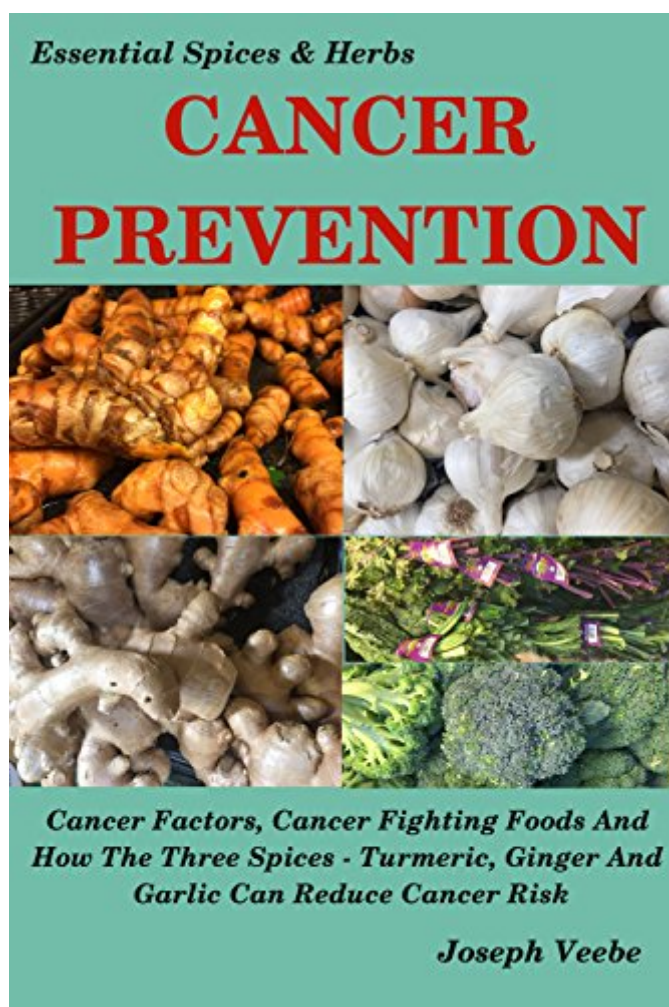


The book was found

CANCER PREVENTION: Cancer Factors, Cancer Fighting Foods And How The Spices Turmeric, Ginger And Garlic Can Reduce Cancer Risk (Essential Spices And Herbs Book 4)





Synopsis

Fight cancer naturally by using Turmeric, Ginger, Garlic and other cancer fighting foods! 30+ Recipes included that makes every meal a cancer fighting meal! Cancer is one of the most fearsome diseases to strike mankind. There have been numerous researches into both conventional and alternative therapies for different kinds of cancers. Different cancers require different treatment options and offer different prognosis. While there have been significant progress in recent times in cancer research towards a cure, more than half of all cancers are likely preventable through modifications in lifestyle and diet. Cancer Prevention offers a quick insight into cancer causing factors, foods that fight cancer and how the three spices turmeric, ginger and garlic can not only spice up your food but potentially make all of your food into a cancer fighting meal. While there are many other herbs and spices that helps fight cancer, these three work complementary, have been proven over thousands of years use and offer significant benefits. The book includes: Cancer causing factors and how to avoid them Top 12 cancer fighting foods, the cancers they fight and how to incorporate them into your diet Cancer fighting benefits of Turmeric, Ginger and Garlic Many other benefits and uses of Turmeric, Ginger and Garlic Over 30 recipes including, Teas, Smoothies and other dishes that incorporate these spices References and links to a number of research studies on the effectiveness of these spices. Cancer Prevention is a quick read and offers a lot of concise information. A great tool to have in your fight to prevent cancer.

Book Information

File Size: 4356 KB

Print Length: 125 pages

Page Numbers Source ISBN: 1522082301

Publisher: Essential Spices and Herbs (August 19, 2017)

Publication Date: August 19, 2017

Sold by: Æ Æ Digital Services LLC

Language: English

ASIN: B074N6Q8DT

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #177,449 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #55
in Kindle Store > Cookbooks, Food & Wine > Special Diet > Cancer #221 in Kindle Store >
Kindle eBooks > Health, Fitness & Dieting > Diets & Weight Loss > Special Conditions #342
in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Alternative
Therapies

[Download to continue reading...](#)

CANCER PREVENTION: Cancer Factors, Cancer Fighting Foods And How The Spices Turmeric,
Ginger And Garlic Can Reduce Cancer Risk (Essential Spices and Herbs Book 4) How To Dry
Herbs At Home: The Ultimate Guide To Drying Herbs (Herb Gardening, Herbs And Spices,
Condiment Recipes, Condiment Cookbook, Herbal Recipes, ... Mixing Herbs, Spices, Sauces,
Barbecue) Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer
(Cancer,Cancer Prevention,Cancer Cure,Coping With Cancer,Cancer Books,Breast ...
Cancer,Leukemia,Colon Cancer,Skin Cancer) Cancer: Coping With Cancer: Controlling and
Understanding Emotions of Cancer (Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung
Cancer,Cancer Diet,Preventing Cancer,Cancer Prevention,Cancer Cure) Cancer: Cancer Cure:
Natural Cancer Cures And Chemo Alternatives (Cancer,Cancer Cure,Cancer Diet,Coping With
Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Cooking with
Turmeric: Top 50 Most Delicious Turmeric Recipes (Superfood Recipes Book 14) Heinerman's
Encyclopedia of Healing Herbs & Spices: From a Medical Anthropologist's Files, Here Are Nature's
Own Healing Herbs and Spices for Hundreds of Today's Most Common Health Problems Alternative
Cancer Therapies (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast
Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) (Alternative Medicine Book 1) Outsmart
Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17
(Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung
Cancer,Cancer Prevention) Cancer: Coping With Cancer: How To Cope When A Loved One Has
Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon
Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) Growing Garlic: A Complete Guide to
Growing Garlic At Home (From Bulb to Garden Kitchen) (Garden Kitchen Series Book 1) The
Agronomy and Economy of Turmeric and Ginger: The Invaluable Medicinal Spice Crops (Elsevier
Insights) Container Gardening: The beginners pocket guide to growing garlic and ginger in
containers or indoors for beginners Spice Mixes: 39 Spices And Herbs Mixes From Around The
World That Every Chef Should Know (Seasoning And Spices Cookbook, Seasoning Mixes) (Volume
1) Cooking with Ginger: Top 50 Most Delicious Ginger Recipes (Recipe Top 50's Book 87)

Medicinal Herbs: Aromatherapy, Essential Oils and Medicinal Herbs To Improve Your Health
(Medicinal Herbs For Beginners Book 1) Ginger Cats 2018 12 x 12 Inch Monthly Square Wall
Calendar, Animals Cats Ginger Growing and Using Herbs and Spices (Dover Books on Herbs,
Farming and Gardening) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing,
Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ...
cancer killers, cancer is not a disease,) The Cancer Cure Diet: The Complete Cookbook of 20
Cancer Diet Recipes That Work And Why (Cancer Cure, Cancer Nutrition and Healing, Cancer
Prevention, ... Cancer Diet Guide, Cancer Recipe Books)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)